

THE TRANSFORMATION

JAY is sick and tired of his ninety-eight-pound weakling image. He has decided to transform himself with the help of a personal trainer, a kid in his class who successfully built his body up a few years before.

JAY: I gotta get a six-pack and I gotta get it fast. Summer's coming and I don't want to spend one more year as the little wimp who gets his butt kicked. Ya gotta help me pump up, man. I'm so sick of looking like a little girl.

Now you are the man – that's why I came to you. I noticed your transformation a couple of years back. I saw you go from an average looking guy to like this pumped-up Schwarzenager. It did not go unnoticed. You are The Rock, dude. And I gotta get me some of that. This is gonna be *my* year! I'm sick to death of getting crammed into lockers and shoved into basketball hoops and girls feeling sorry for me cause I'm this little wimp. Ya gotta make me strong like you, man. I'll do whatever you say. Put me through hell, I don't care. It'll be worth it.